



Psychological Services

DR LARISA BARDSLEY

PHD, CCOUN, CCLIN, MAPS, GRAD CERT (ART) VCAM

Supervision

Port Melbourne & Online

Summary

- 22 year member of APS (Australian Psychological Society)
- Experienced in Community Mental Health, Private Practice, Tertiary Education, Organisational, Rehabilitation and Drug and Alcohol.
- Detailed Professional CV on website: larabardsley.com
- Clinical and Counselling Psychologist and College Member
- Registered Supervisor and Psychologist by AHPRA (Australian Health Practitioners Regulation Agency)
- Supervisor for all pathways to Registration and for Clinical and Counselling College membership.
- Supervisor for 18+ years for Psychologists and Supervisors at all stages of their career in different therapeutic settings.
- Experienced and trained in a wide range of therapeutic modalities including: Interpersonal, Transpersonal, Developmental, ACT, CBT, Existential, Mindfulness, Jungian, Organisational, Narrative, Systemic, EMDR, Art therapy,

My Approach:

The supervision I offer is a safe and protected environment used by supervisees to reflect on their professional practice and personal learning, as well as therapeutic and organisational support and development. Supervision is tailored to the individual and may involve the development of process and therapeutic skills, managing complex cases, transference and counter transference issues as well as working with personal narratives and their relationship with therapeutic practice. We will set up a supervision contract, and have regular open discussions and evaluations of all aspects of the Supervisory relationship.