



## Lara Bardsley

## Supervisor

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*BBSc(Hons) MPsych (Clinical) MAPS  
Counselling & Clinical Psychologist*

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Medicare Provider Number  
2628456X

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### Summary

- 20 year member of APS (Australian Psychological Society)
- Experienced in Community Mental Health, Private Practice, Tertiary Education, Organizational, Rehabilitation and Drug and Alcohol.
- Detailed Professional CV on website: [larabardsley.com](http://larabardsley.com)
- Clinical and Counselling Psychologist and College Member
- Registered Supervisor and Psychologist by AHPRA (Australian Health Practitioners Regulation Agency)
- Supervisor for all pathways to Registration and for Clinical and Counselling College membership.
- Supervisor for 15+ years for Probationary and Registered Psychologists and Supervisors working privately and non privately.
- Experienced and trained in a wide range of Therapeutic modalities including: Developmental, ACT, CBT, Existential, Transpersonal, Mindfulness, Jungian, Organizational, Narrative, Systemic, EMDR, Art therapy.

### My Approach

The supervision I offer is a safe and protected environment used by supervisees to reflect on their professional practice and personal learning, with honest and respectful feedback, therapeutic and organizational support and development. Supervision is tailored to the individual and may involve practice set up and development, maximizing outcomes in time limited practice, development of process and therapeutic skills, managing complex cases, transference and counter transference issues and management of organizational issues. We will set up a supervision contract, learning goals and have regular open discussions and evaluations of all aspects of the Supervisory relationship.

**Location and Fee Schedule**

Individual and group supervision is available in Port Melbourne on Mondays and Tuesdays (Other days and after hours by negotiation). Supervision Fees are \$130 per hour (+ GST for Registered Psychologists, concessions available for Psychologists in training).